



Patented strawberry polyphenol

Developed by Professor Ota Tomihisa of Kanazawa University, strawberry polyphenol is a popular weight management ingredient in Japan (Japanese patent no. 4813041). It's been safety-tested with a 28-day oral toxicity study. It contains pectin and dietary fibre, which support digestion, promote smooth bowel movements, and help maintain a healthy weight.



Berry Lite

櫻莓輕凍

ASSIMILATION

HASSLE-FREE

SIMPLE

EASY

Unique Formulation



Japanese patented strawberry polyphenol



Alginate fiber



Acerola cherry extract



Green tea extract (containing catechin EGCG)



Cassia seed extract



Vitamin C

- ✓ Japan patented strawberry polyphenols, restore normal digestive functions, help promote metabolism, regulate physiological functions.
- ✓ Seaweed gum contains water-soluble fiber, which helps maintain the function of the digestive tract and make bowel movements smoother.
- ✓ Acerola cherries are rich in vitamin C, which helps keep skin youthful and plump.
- ✓ Among the catechins in green tea, epigallocatechin gallate (EGCG) is the most researched and thought to provide the most health benefits.
- ✓ Cassia seed extract is effective to help ailments related to vision, hypertension, digestion and intestines.
- ✓ Vitamin C is one of the most effective nutrients, help against immune system deficiencies, skin wrinkling etc.

EASY WAY TO STAY SLIM AND HEALTHY
ENJOY SMOOTH DIGESTION
THE BERRY WAY

Recommended intake

1 sachet every other day for adults
Drink plenty of water after taking.

Works best between 14:00-15:00
Drink at least 2,000cc of water a day

Suitable for

People who regularly eat out or consume high-calorie food
People suffering from constipation
People with busy lifestyle

Caution

Not suitable for infants, pregnant and lactating women and people with peptic ulcer.
People with specific medical conditions should consult their doctors.
This food is in gel form, please chew before eating.

Gentle reminder

Bowel movements usually occur around 6 - 8 hours after intake.
Frequency varies between Individuals.
Factor in the meal times as well.



SGS certification ensures the most stringent control over products quality.

* Internal Use Only
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Berry Lite

- 嗯嗯顺畅
- 莓烦恼
- 健康轻盈
- 好EASY

专利草莓多酚

日本 金泽大学-太田富久教授多年研究开发, 日本保健市场上热销的健康素材! 具日本特许第4813041号, 通过28天健康试验测试, 安全性佳! 草莓富含植化素和果胶及膳食纤维, 独特植萃专利的草莓多酚, 维持青春美丽更Easy、日本火红的美丽素材!

完美搭配



日本专利草莓多酚



海藻胶水溶性纤维



西印度樱桃萃取



绿茶萃取(含儿茶素EGCG)



决明子萃取



维生素C

- ✓ 严选独特植萃的植化素, 日本火红专利草莓多酚, 帮助促进新陈代谢、调节生理机能, 健康美型 好Easy
- ✓ 植物海藻胶含有水溶性纤维, 有助维持消化道机能、使排便顺畅
- ✓ 西印度樱桃蕴含丰富大自然水果的高量维他命C, 维持青春美丽更加养颜美容
- ✓ 绿茶萃取含丰富植化素-茶多酚中最重要的儿茶素EGCG, 不只日本深入研究更是国内外许多研究证实, 帮助健康的养生之道、美型又美颜
- ✓ 决明子萃取能促进新陈代谢、使排便顺畅、健康无负担
- ✓ 维生素C 帮助保持健康好机能

樱莓轻冻Berry Lite

健康畅快~莓烦恼

享受美食同时拥有健康美型,
嗯嗯顺畅, 让你由内到外一身轻松无负担

建议摄取量

隔日食用1包, 食用后请多喝水
建议最佳食用时刻14:00-15:00
请配合每日饮水2000cc以上

适用对象

经常摄取高热量食物或外食者
每日嗯嗯不顺畅者
忙碌工作者

注意事项

孕妇、婴幼儿、消化性溃疡者, 不建议食用
特殊疾病者请先咨询医师或相关专业人员
本食品为冻状, 请细嚼后食用

温馨提醒

本产品食用后大约6-8小时会出现排便感, 且排便次数因人而异, 请考量食用时间



SGS专业认证·用最严格的态度
来审阅每一项产品·
让你我安心、放心、贴心。

*只供内部参考
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